

# DONA International Birth Doula Training

## Lake Worth, FL

### October 4-6, 2013



Art by Melony Kendall

## COURSE SCHEDULES AND LOCATION

### DOULA WORKSHOP

Friday, October 4  
2:00 pm - 7:00 pm  
Saturday, October 5  
9:00 am - 6:00 pm  
Sunday, October 6  
9:00 am - 4 pm

### BREASTFEEDING COURSE

Friday, October 4  
9:00 am - 1:00 pm

### WHAT TO BRING

Pen, water, and snacks. There are plenty of restaurants in the area.

### LOCATION

TBA

## Course Descriptions and Fees

### BIRTH DOULA TRAINING \$295

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas. It uses texts, supplementary literature, videos, and role-play to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula (CD/DONA). Additional requirement information is available at [www.dona.org](http://www.dona.org).

### BREASTFEEDING COURSE \$55

This basic 4-hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

### RECOMMENDED READING

These are a few of the books required for certification from the DONA reading list - see the entire list at [www.dona.org](http://www.dona.org):

- *The Birth Partner* by Simkin\*
- *The Doula Book* by Klaus
- *The Breastfeeding Answer Book* by Morhbachner

**\* Required reading before attending the doula workshop.**

## ABOUT THE TRAINER

**Rae Davies** has been a childbirth educator for over thirty-five years and a DONA Doula Trainer since 1996. She is a board certified



lactation consultant (IBCLC) and is the Health Care Practices Task Force Co-coordinator of the World Alliance for Breastfeeding Action (WABA). Rae is currently the Administrative Director for the International MotherBaby Childbirth Organization ([www.imbci.org](http://www.imbci.org)), and serves on the board of directors for the Florida School of Traditional Midwifery.

### SEND REGISTRATION TO:

The Birth Company  
P.O. Box 2346  
Ponte Vedra Beach, FL 32004

### MORE INFORMATION

904-813-5822  
[www.thebirthcompany.com](http://www.thebirthcompany.com)  
[rae@thebirthcompany.com](mailto:rae@thebirthcompany.com)

### REGISTRATION DUE:

One week before the start date

**Paypal Accepted**

## Registration Form - Delray Beach, October 4-6 2013

Name

Address

Phone and Email

Courses attending:  Doula Training \$295  Breastfeeding Course \$55